

2008 Arizona State Sun Devil Gymnastics



The John Spini Women's Gymnastics **TRAINING CENTER**

The John Spini Women's Gymnastics Training Facility was officially dedicated on Saturday, January 7, 2006, thus beginning a new era of Sun Devil gymnastics. The state-of-the-art gymnastics training facility will allow for the continued pursuit of excellence in gymnastics at Arizona State University.



The new practice facility provides:

- A higher level of skill training with maximum emphasis on safety.
- An ability to serve as a cutting-edge recruiting piece.
- Locker rooms, showers, sports medicine and public restroom facilities.
- A venue to be used for camps and clinics to promote the sport of gymnastics.

The facility provides a greatly enhanced atmosphere for Sun Devil student-athletes and coaches. This new facility gives ASU gymnasts a tremendous advantage in their athletic training.

Total Cost of facility: \$2 million

Location: North of the Alberta B. Farrington Women's Softball Complex, next to the new Riches Wrestling Complex.



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2007-08 Women's Gymnastics Roster

Name	Ht.	Year	Hometown/HS/Club
Mary Atkinson	5'2"	Fr.	Chesapeake, Va. (Bishop Sullivan Catholic HS/Ocean Tumblers)
Kaitlynn Bormann	4'11"	So.	Long Island, N.Y. (Laurel Springs School/Parkettes Gymnastics)
Carrie Finley	5'2"	Jr.	Doylestown, Penn. (Central Bucks West HS/Will-Moor Gymnastics)
Skye Gentile	5'4"	Fr.	Trabuco Canyon, Calif. (Tesoro HS/Wildfire Gymnastics)
Nicole Harris	5'3"	Jr.	Long Beach, N.Y. (Long Beach HS/Parkettes Gymnastics)
Ashlee Hinkle	5'1"	Jr.	Glendale, Ariz. (Mountain Ridge HS/Phoenix Gymnastics Academy)
Tiana Jean	5'2"	Jr.	Puyallup, Wash. (Mountain View HS/Desert Devils/Desert Lights)
Beaté Jones	4'10"	Fr.	Neptune, N.J. (Red Bank Catholic HS/Will-Moor Gymnastics)
Francesca Mercurio	5'4"	Fr.	San Mateo, Calif. (Hillsdale HS/Byers Gymnastics)
Stephannie Moore	5'1"	Fr.	Henderson, Nev. (Odyssey Charter/Browns Las Vegas)
Tia Orlando	5'1"	Jr.	Philadelphia, Pa. (Emmaus HS/Parkettes Gymnastics)
Brittany Schuett	4'11"	Fr.	Cambridge, Ont. (Jacob Hespeler Secondary School/ Cambridge Kips Gymnastics Club)

Quick Facts

Gymnastics Staff Information

Head Coach: John Spini (28th year)
 Alma Mater: Arizona State '76
 ASU Regular Season Record: 319-129-2 (28 years)
 Career Regular Season Record: 319-129-2 (28 years)
 Spini Phone: (480) 965-7843
 Associate Head Coach: Maggie Germaine Ethier (3rd year)
 Ethier Phone: (480) 965-4452
 Assistant Coach: Bob Peterson (3rd year)
 Volunteer Assistant Coach: Roe Kreutzer (16th year)
 Trainer: Tim Weesner
 Academic Coach: Dawn Zahariades
 Competitive Facility: Wells Fargo Arena (13,931)

2008 TEAM INFORMATION

Letterwinners Returning/Lost: 6/7
 Newcomers (freshmen): 6

2007 SEASON REVIEW INFORMATION

Dual Record: 3-12
 Pac-10 Championships Finish: 6th
 Regional Finish 5th
 NCAA Championships Finish: N/A
 All-American Selections: N/A
 All-Pac-10 Selections: April Boone
 (first balance beam)
 Nicole Harris
 (first all-around)
 Academic All-Pac-10 Selections: April Boone (hr),
 Carrie Finley (hr), Nicole Harris (hr), Josie Hancock (hr),
 Ashlee Hinkle (hr), Vanessa Rocca (hr)

UNIVERSITY INFORMATION

Location: Tempe, Ariz. (85287-2505)
 Founded: 1885
 Enrollment: 63, 278
 Conference: Pac-10 (Pacific-10)
 Nickname: Sun Devils
 Mascot: Sparky
 Colors: Maroon and Gold
 President: Dr. Michael Crow
 Director of Athletics: Lisa Love
 Associate AD (SWA): Dawn Rogers
 Faculty Representative: Myles Lynk

MEDIA INFORMATION

Associate AD Communications: Mark Brand
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Credits

The 2008 Gymnastics Media Guide is published by ASU's Media Relations Office.
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Life in

THE VALLEY

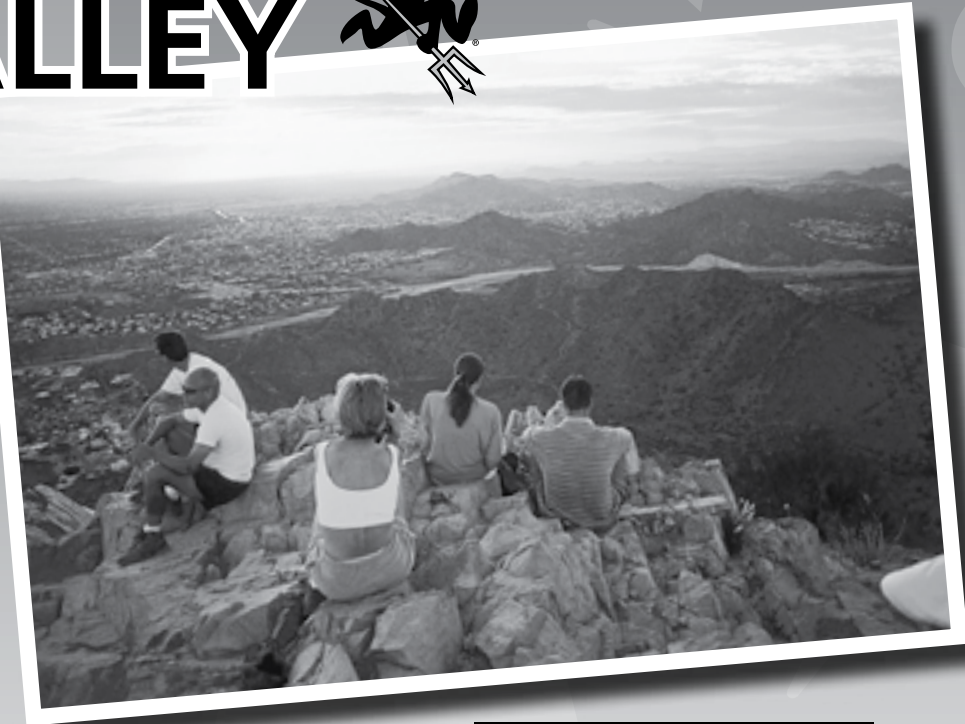


GOT DRAMA?

See a stellar line up of Broadway shows at ASU Gammage, a theater designed by Frank Lloyd Wright. You can see shows like Chicago and The Light in the Piazza in a breathtaking venue.

PHOENIX CIVIC PLAZA

The Phoenix Civic Plaza convention center is undergoing a \$600 million expansion to triple its size as it hosts major conventions and trade shows. It will be 900,000 square feet upon completion of the expansion.



5TH LARGEST CITY

Phoenix is the fifth-largest city (with more than 1.5 million residents) in the United States and is within 500 miles of Los Angeles, San Diego, Las Vegas, Denver, Albuquerque and Hermosillo, Mexico.



US AIRWAYS CENTER

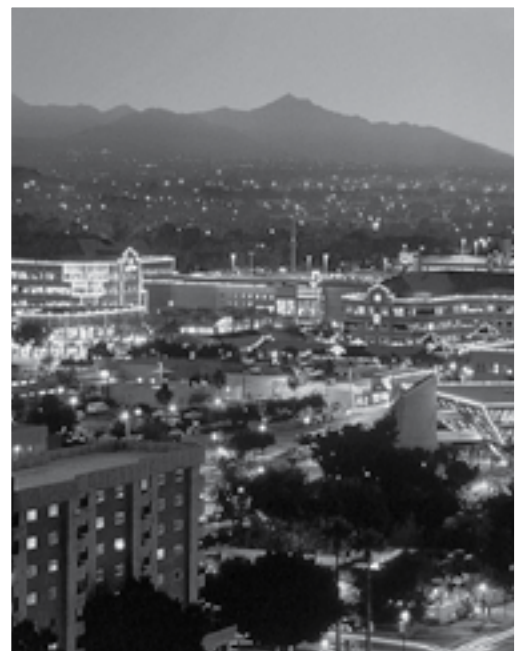
Home to the NBA's Phoenix Suns and the WNBA's Phoenix Mercury.

MAJOR LABOR FORCE

Metropolitan Phoenix benefits from a labor force of 1.9 million people, larger than Denver and twice as large as Austin or Las Vegas.

EMPLOYMENT OPPORTUNITIES

According to the Greater Phoenix Chamber of Commerce, Phoenix's 5.3 percent employment growth in 2006 was the largest in the nation. The U.S. average was 1.4 percent.





FUN IN THE SUN

The Phoenix area boasts more than 300 sun-filled days per year and an average temperature of 72 degrees.



TEMPE TOWN LAKE

Tempe Town Lake is host to a variety of festivals throughout the year. People also often visit the popular outdoor destination to boat, fish, run, attend concerts and watch fireworks.

DREAM HOMES

The median cost of housing is \$255,000 and many of those homes are near the 200 golf courses in the area, while biking, hiking, boating and skiing are all available in a short drive. In fact, it is possible to snow ski and water ski in Arizona on the same day.

POPULATION

More than 50 percent of the population is between 18 and 54 years of age. The population of Phoenix is nearly five years younger than the national median age of 36.2.

SKY HARBOR

Phoenix Sky Harbor Airport is the sixth-busiest airport in the world with an average of more than 1,300 daily commercial flights.



THE SPORTS SCENE

Phoenix is a sports fans dream, as the Phoenix Suns (NBA), Arizona Diamondbacks (MLB), Arizona Rattlers (Arena Football League), Phoenix Mercury (WNBA), Phoenix Coyotes (NHL) and Arizona Cardinals (NFL) all compete in the Valley of the Sun.



2008 SUPER BOWL

The University of Phoenix Stadium in Glendale, Arizona will be the host of the Annual Fiesta Bowl, and already hosted the BCS first national title game on Jan. 8, 2007 as well as being the site of the February 2008 Super Bowl.

Arizona State THIS IS ASU!



P.F. CHANG'S MARATHON

Arizona State University has joined with the City of Tempe to form the finish line for P.F. Chang's Rock 'n' Roll Arizona Marathon & 1/2 Marathon through the first two years of the race. The inaugural event put on by Elite Racing in 2004 featured 29,434 participants. The 2004 event broke the world record for the largest, first-time, annual running event. 50 bands lined the course and played live music at every mile along the course.



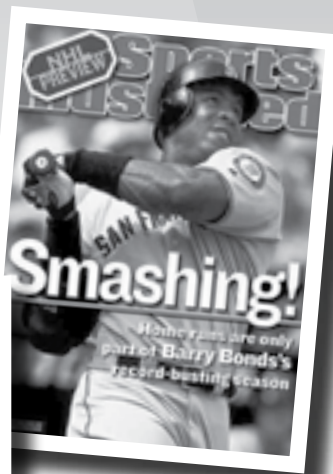
SUN DEVILS GIVING BACK

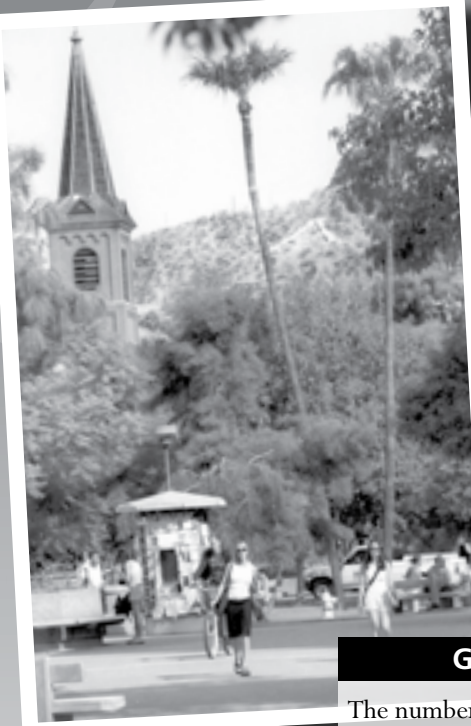
Since 1999, Sun Devil Phil Mickelson has donated \$230,000 from his Ryder Cup awards to support the "Golf: For Business and Life" course taught in the Professional Golf Management program in the Morrison School of Management and Agribusiness. Mickelson has earned \$39,514,038 on the PGA Tour as of October of 2006.



AVP PRO BEACH VOLLEYBALL

The AVP Pro Beach Volleyball tour hosts the Tempe Open every April at Tempe Beach Park.





GRADUATES

The number of students graduating from ASU – 12,821 in the 2004–05 academic year – has grown by more than 1,000 over the last two years.



MAIN CAMPUS

The Arizona State main campus is located on 722 acres in the heart of downtown Tempe and just minutes away from the busy nightlife of Mill Avenue. With its shady malls, cool fountains, and lush plantings, Arizona State's campus has long been known as an "oasis in the desert."



DEGREE COURSES

ASU's Main Campus offers more than 100 majors through eight colleges, 104 bachelor's degree programs, 94 master's degrees, a highly regarded law degree and nearly 50 doctoral degrees.





Academic Highlights at ASU



Dawn Zahariades
ASU Gymnastics
Academic Counselor

ASU Academic Programs Ranked in the Top 25 in the Nation

Architecture – Architecture, Interior Design

W.P. Carey School of Business – Undergraduate: Top 25 specializations include supply management (5th), management information systems (17th), marketing (17th), management (24th) and accountancy (24th). MBA: The W.P. Carey MBA-Evening Program was ranked 17th, and four disciplines were listed in the top 25: supply chain management (8th), information management (19th), health sector management (20th) and accounting (23rd).

College of Education - Ranked 15th among public universities and tied for 22nd/23rd nationally among all graduate programs, public and private, seven specialty programs within the College of Education are top 25 programs.

Ira A. Fulton School of Engineering – Aerospace Engineering, Bioengineering, Industrial Engineering

Katherine K. Herberger College of Fine Arts - All of the college's programs are nationally ranked.

College of Liberal Arts and Sciences – Archaeology, Creative Writing, Kinesiology, Geological Sciences, Speech and Hearing Sciences

College of Public Programs – The School of Public Affairs' top 25 programs nationally include the masters program in Public Management and Administration and the masters program in Public Policy Analysis. The Walter Cronkite School of Journalism and Mass Communication is among the top 20 accredited journalism programs nationally with broadcasting, journalism and mass communication graduate and undergraduate programs.

Academic Highlights at Arizona State

- ASU is a Doctoral/Research-Extensive I Institution, the highest distinction of the prestigious Carnegie Foundation classification system.
- ASU's Tempe campus offers more than 100 majors through eight colleges and schools, 94 bachelors degree programs, 92 masters degrees, a highly regarded law degree and 51 doctoral degrees.
- For the 10th time in 10 years, ASU has had a student on *USA Today's* list of the nation's top 20 undergraduates. Since *USA Today* began naming the top undergraduates in 1991, ASU has been a leading university in the number of students chosen for the *USA Today* Academic First-Team honors (top 20 undergraduates), currently ranking second in the country behind Harvard.
- The Barrett Honors College is at its largest enrollment (2,700). Almost 100 percent of students in the college who apply to medical and law school are accepted.
- ASU ranks third among public universities in the U.S. in the number of freshman National Merit Scholars enrolling last year (173). There are currently 444 National Merit Scholars studying at ASU.
- ASU students have impressive records for Congressional Goldwater Scholarships (mathematics, science and engineering), British Marshall Scholarships (academics and leadership), Truman Scholarships (careers in public service) and Udall Scholarships (environmental/Native American).
- This year's 10 Fulbright grants to ASU students put ASU at No. 7 among public universities for this award.
- ASU students have won more NSEP/David L Boren Scholarships for study overseas than any other university in the US.
- ASU is known as a powerhouse in national scholarship circles. This year, a record 27 ASU students won national competitions for elite academic awards.
- ASU's strong academic programs, great campus life and prime location made it one of the "12 Hottest Colleges" in the 2003 "How to Get Info College" guide published by *Kaplan* and *Newsweek*.

Academic Highlights at ASU



ACADEMIC ALL-AMERICANS

2000	Kristin Fanning Elizabeth McNabb Ashley Stewart
2003	Kari Muth
2004	Donna Chance Jada Cox Shaena Friedman Kari Muth
2006	Josie Hancock
2007	April Boone Josie Hancock Nicole Harris Ashlee Hinkle Vanessa Rocca Karissa Vossler

PAC-10 ALL-ACADEMIC TEAM

1992	Stephanie Klein (1st)
1993	Stephanie Klein (2nd) Mindy Jones (hm)
1994	Tina Brinkman (1st) Katie Freeland (1st) Stephanie Klein (1st)

PAC-10 ALL-ACADEMIC TEAM (cont.)

1995	Tina Brinkman (1st) Katie Freeland (1st) Danna Lister (1st)
1996	Katie Freeland (1st)
1997	Lisa Vincijanovic (1st)
1998	Amy Shelton (1st) Lisa Vincijanovic (1st) Elizabeth McNabb (2nd) Elizabeth Reid (hm)
1999	Elizabeth McNabb (1st) Amy Shelton (1st) Becky Acker (hm) Kristen Fanning (hm) Kim Skinner (hm)
2000	Elizabeth McNabb (1st) Elizabeth Reid (2nd) Kristen Fanning (2nd)
2001	Kristin Fanning (1st) Ashley Stewart (1st) Kim Skinner (2nd) Becky Acker (hm) Cassidy Vreeke (hm)

PAC-10 ALL-ACADEMIC TEAM (cont.)

2002	Laura Moon (1st) Maggie Germaine (2nd) Cassidy Vreeke (hm) Becky Acker (hm) Kim Skinner (hm) Ashley Stewart (hm)
2003	Kari Muth (1st) Maggie Germaine (2nd) Cassidy Vreeke (hm)
2004	Kari Muth (1st) Jada Cox (hm) Maggie Germaine (hm)
2005	Kari Muth (1st) Donna Chance (2nd) April Boone (hm)
2006	April Boone (2nd) Josie Hancock (hm)
2007	April Boone (hm) Carrie Finley (hm) Nicole Harris (hm) Josie Hancock (hm) Ashlee Hinkle (hm) Vanessa Rocca (hm)



▲ **Nicole Harris**, an Academic All-American and theater major, reads a play for one of her classes outside in the beautiful Arizona weather.



◀ **Skye Gentile**, an engineering major, stands outside the engineering building on campus.



▶ **Mary Atkinson**, a member of the prestigious Barrett Honors College and a biochemistry major, works on her lab report on campus. ASU offers free wireless internet throughout campus.

▶ As an elementary education major, Academic All-American **Ashlee Hinkle** is required to intern at a local grade school.



Athletic FACILITIES



Tom & Gloria Dutson Theater

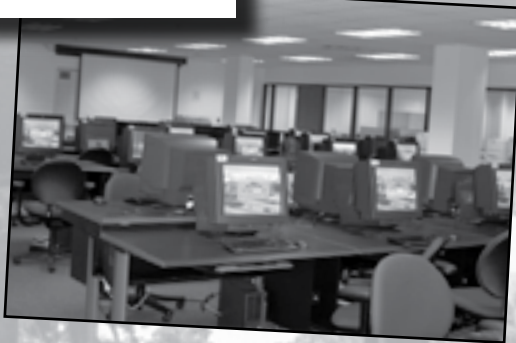
Arizona State University features world-class athletic facilities for its student-athletes, housed in the Nadine and Ed Carson Student-Athlete Center. The 165,000-square foot facility houses the entire athletic department and provides student-athletes with one of the finest athletic centers in the nation.



Wally Kelly Student-Athlete Lounge



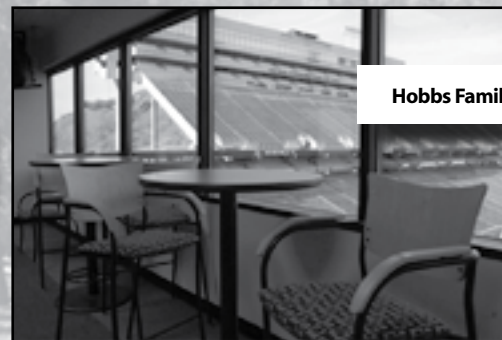
APS Computing Learning Center



Athletic Training Center



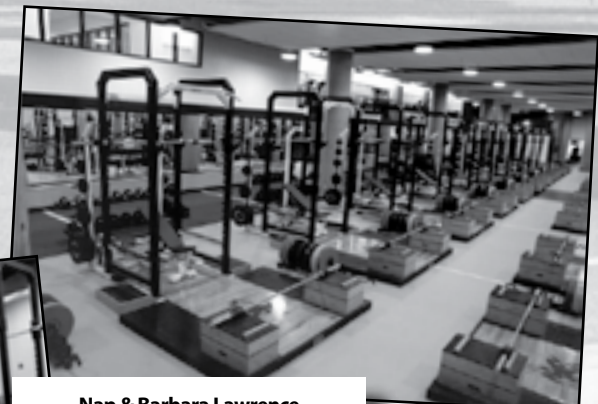
Lattie & Elva Coor
Student-Athlete Study Lounge



Hobbs Family Stadium Club



Nathan & Betty Norris Quiet
Study



Nap & Barbara Lawrence
Weight & Strength Center





Karla Wright
RD, CSCS, Team Dietician

In a role that is unique to most other schools, Wright provides dietician services specifically for the athletes five days a week. Wright is a certified sports dietician and is one of only four dieticians certified in the state of Arizona and one of around 150 in the country. Along with being an RD, Wright is also an NCSA certified strength and conditioning specialist. With her extensive knowledge of nutrition and strength and conditioning, she works alongside the coaching and athletic training staff to create a fully integrated health care for ASU's athletes. As a registered dietician, she has worked with Arizona State Athletics since 1999. Wright is a 1997 graduate of Arizona State with a B.S. in human nutrition. She completed her dietetic internship with the Maricopa County Department of Public Health.

The Nutrition Program for ASU Gymnastics:

Along with an annual team presentation, one big aspect of the nutrition program includes one-on-one meetings with each athlete. At these one-on-one conferences, Wright goes over multiple points on how to adjust to the college lifestyle. Examples of these are:

How to reach goals for both performance and health

- Meets with the coaches and athletic training staff to work together to create a fully integrated health care program.

Work with each athlete's individual schedule

- Looks at both school and workout schedule to figure out the best time for the individual athlete to eat.
- Focuses on proper recovery in order to have athletes sustain optimized fuel and refueling for rapid recovery.

Periodization

- Different times of training require different foods.
- Combines conditioning and training needs with nutritional needs.
- Emphasizes the importance of consistent meals throughout the day.
- Special attention is placed on the timing of meals, snacks and supplements.

In addition to this program, the Sun Devils are sponsored by Cytosport. Cytosport's collegiate series of products helps aid the student-athletes' ability to increase lean body mass and overall strength.





Guide to Gymnastics

VAULT (V)

The vaulting event requires speed, quickness and explosive power. Vaults are divided into three categories: front handsprings, tsukaharas (half-on vaults) and urchenkos (vaults from a round-off). Each of these vaults have an assigned maximum difficulty ranging from 8.80 to 10.0. Deductions are taken from the starting value of the vault. Basis for deductions stem from technical errors in the areas of preflight (approach to the horse), repulsion (the rise off the horse and post-flight (distance and height from the horse). The gymnasts must remain motionless upon landing or a deduction will be taken. A proper landing is called "sticking" the vault. The vault itself is a singular movement combining the skills of running, tumbling and trampoline preparation.

UNEVEN BARS (UB)

The uneven bars routine must include elements with good composition including great amplitude, bar and grip changes, release moves and direction changes. The entire sequence of moves must be combined to give a continuous and uninterrupted performance. After a fall, the gymnast must resume the exercise within 30 seconds. A complete routine comprises 10 to 14 moves, consisting mainly of swinging and suspension skills utilizing both bars. Bonus moves on the bars may consist of somersaulting release moves, difficult pirouette work and somersaulting dismounts.

BALANCE BEAM (BB)

The balance beam is 16 feet long, four feet high and a mere four inches wide. Routines must be composed of the following groups: tumbling with and without hand support; strength and dance (i.e. turns, leaps and jumps). Special requirements on the balance beam are a tumbling series, a leap or a large jump, a full turn and a series of skills combining dance and acrobatics. The routine can be no longer than 1:30. Performing on the beam requires precise movement and intense concentration as each small 'wobble' results in a deduction.

FLOOR EXERCISE (FX)

The floor exercise must show harmony between gymnastics and acrobatic elements, create dynamic changes in rhythm and levels and show versatile use of the entire floor area. The exercise must not exceed 1:30 on the clock. The gymnast must balance the difficulty of both her tumbling skills and dance skills and should finish the routine as strongly as it was started. Specific deductions are taken for stepping off the mat and for being out of sync with the music.

TEAM COMPETITION

Collegiate meets always use team scores, which are arrived at by taking the top five individual marks from each event. NCAA competition requires at least two judges to evaluate an athlete's performance. Their scores are averaged to arrive at a final score. Top collegiate team scores range between 192.000-198.000.

JUDGING

At least two judges evaluate each performance. Scores are averaged to arrive at a final mark. When four judges evaluate an event, the high and low scores are thrown out and the middle two scores are averaged to determine the final event score.



COACHES & STAFF

COACHES & STAFF





Head Coach John Spini



Over the past quarter of a century, the name John Spini has become synonymous to ASU gymnastics. Going into his 27th season as head coach, he has coached 26 All-Americans including six national champions. He has led his team to the NCAA Championships 20 times with 19 of those teams placing in the top 10 in the country. Ten times, the Sun Devils under Spini have finished nationally in the top six with four of those times being national runners up (1983, 1985, 1986, 1997). ASU has been represented by at least one gymnast in 24 of

the 25 years of the NCAA Championship. The Sun Devils have also won their Regional Championship three times: in 1983, 1987 and in 2006.

Throughout the 26 years Spini has been head coach at ASU, he carries a 316-117-2 win-loss record. His teams have defended their home turf just as well with a 168-27-1 (.857) win-loss record at home.

Two seasons ago he coached the team to its first regional championship since 1987 when the Devils won the North Central Regional Championship in Ames, Iowa, defeating teams that included host Iowa State and interstate rival Arizona. The team moved on to place ninth at the NCAA Championships, with two athletes achieving All-American status.

In 2004, Spini coached Ashley Kelly to a national championship on the balance beam, ASU's 10th all-time and fourth in that event. Kelly also established the all-around school record with 39.875 against Kentucky in 2003, a score she repeated again in 2004 (Arizona) and 2006 (Iowa State). The year 2004 marked a record-breaking year for Spini's squad as the Sun Devils set school records for total score (198.450 vs. Eastern Michigan), vault (49.650 vs. Arizona), bars (49.600 vs. Eastern Michigan) and floor (49.725 vs. Arizona).

Spini has helped coach four women to individual championships on the balance beam, including Lisa Zeis in 1985, Jackie Brummer in 1986, Elizabeth Reid in 1997, and Kelly in 2004. Under Spini, two women have won the individual championship on the uneven bars, Jeri Cameron in 1983 and Brummer in 1984 and on the floor exercise with Neal and Zeis crowned champions in 1983 and 1986 respectively. Brummer was also the 1986 all-around

Arizona State & John Spini

Year	Dual	Conf.	Reg.	NCAA
1981	19-4	3rd	3rd	5th
1982	10-3	1st	3rd	5th
1983	20-1	1st	1st	2nd
1984	17-3	2nd	2nd	4th
1985	20-2	1st	2nd	2nd
1986	18-1	1st	2nd	2nd
1987	11-7	4th	1st	5th
1988	13-7	2nd	2nd	8th
1989	7-14	3rd	t-3rd	t-7th
1990	8-6-1	3rd	5th	dnq
1991	14-8	4th	4th	t-9th
1992	10-5	4th	3rd	7th
1993	12-2	4th	3rd	12th
1994	13-4	3rd	3rd	10th
1995	10-4	2nd	4th	dnq
1996	8-4	2nd	5th	dnq
1997	8-4	6th	2nd	2nd
1998	20-2	4th	3rd	6th
1999	10-5	3rd	2nd	4th
2000	13-4	4th	3rd	dnq
2001	10-5	5th	2nd	9th
2002	8-5-1	6th	3rd	dnq
2003	10-4	3rd	2nd	9th
2004	10-6	T4th	2nd	9th
2005	6-8	6th	5th	dnq
2006	11-4	4th	1st	9th
2007	3-12	6th	5th	dnq
Total:	319-129-2	(.709)*		

champion and in 1986 Neal won the NCAA individual championship on the vault.

Individually, Spini has coached 26 All-Americans who have compiled 80 All-American honors over his 26 years as head coach. In his first year as head coach, Cameron won All-American honors on both the vault and the beam. Kelly received her fifth All-American accolade as she placed third on the uneven bars. Teammate Nicole Harris ended her freshman season with Second Team All-American honors on the balance beam. Between Cameron and Kelly and Harris, 10 gymnasts have received a combined 15 All-American honors on the vault, seven gymnasts compiled 13 All-American accolades on the uneven bars, 20 women garnered a total of 27 All-American awards, 12 women received All-American status for a combined 19 times on the floor exercise, and 11 times between nine different women, a Sun Devil has been named an All-American in the all-around.

As impressive as the ASU women's gymnastics team has been athletically, the argument can be made that Spini's athletes have reached greater heights academically. Since the Pacific-10 Conference began handing out All-Academic team awards in 1992, ASU has received 45 academic honors. Last season, April Boone and Josie Hancock were named to second team Pac-10 All-Academic and Pac-10 All-Academic honorable mention respectively. In 2000 and 2001, the women's gymnastics team was honored at ASU's annual Maroon & Gold for having the highest collective GPA of any women's small-sport team (fewer than 15 members on campus).

A prominent coach on the national scale, Spini has been a U.S. national team coach at the World University Games and a member of the NCAA Gymnastics

Spini Notes:

- 27 years
319-129-2 (.709)*
- 19 top-10 finishes
- 9 top-5 finishes
- 4 runner-up finishes
- 171-35-1 at home (.826)
- Win streaks of 15 (22 opponents), 16 (28 opponents), 25 (39 opponents)
- 19 team appearances in 26 years of the NCAA Championships – represented at 24 of 26
- Pac-10 Coach of the Year
1994*, 1995*, 1996*, 2006*
(*co-winner)
- Big Wins:
2006: Defeated No. 4 Iowa State (197.75-197) while scoring the Sun Devils season high.
2006: First regional win since 1987, scoring a 196.675 at North Central Regional
2003: Defeated No. 5 Utah (197.50-197-150) in Salt Lake

Head Coach John Spini



Spinisms:

What about Arizona State has made you stick around for so long? It's my alma mater and I loved the school when I was going here and all the young people I work with.

What's your favorite gymnastics memory? I can't even begin to think of just one.

How would you describe your coaching style? I don't think I have just one style. I think it changes with the type of athlete I work with.

There is a number of freshmen on your roster this year, what is your impression of them? I think our freshmen are enthusiastic and they have the ability to improve and help us go forward.

If you could cook dinner for three people who would they be? I'd cook dinner for my dad, Winston Churchill and President John F. Kennedy

What is something about you that many people would find surprising? I'm smarter than I look.

What is something you are passionate about? My wife.

What is one goal you have for this season? To get better and put the team in position to qualify for nationals.

Throughout all your years coaching at ASU what is the thing you are most proud of? There are so many but I would have to say the number of athletes that have graduated and gone and given back to the community.

What's your favorite sport other than gymnastics? College basketball

When did you start doing gymnastics? 1900

Where did you do gymnastics at in college? Odessa Junior College

What is your favorite movie? The Quiet Man and Shawshank Redemption

One quote I live by is: "Never, never, never give up." – Winston Churchill

What's your favorite type of music? Country and classical

Where's your favorite vacation spot? Maui



Committee. Prior to entering the collegiate ranks, he spent six years coaching the Arizona Twisters Gymnastics Club in Mesa, Ariz., where he led a team including future Sun Devil greats Jeri Cameron and Pam Godward to a National Championship Class I title in 1976.

A Phoenix, Ariz., native, Spini received his bachelor's degree in physical education from ASU in 1976. Before attending ASU, he was a student at Odessa (Texas) Junior College, where he served as an assistant coach for the NJCAA Champion men's gymnastics team.

Spini and his wife Lisa have one daughter, Shilo (26).



▲
**Coach Spini
with his wife
Lisa.**

Coaches With 20 or More Years at ASU

Name	Sport (# of Seasons)	Years	Record	Accomplishments
Anne Pittman	Women's Tennis (31)	1954-1984	338-71	Three national titles
"Baldy" Castillo	Track and Field (26)	1954-1979	N/A	One NCAA title
John Spini	Gymnastics (26)	1981-present	319-129-2	Nine top-5 finishes
Don Robinson	Men's Gymnastics (25)	1969-1993	268-128-1	One NCAA title
Ned Wulk	Men's Basketball (25)	1957-1982	406-272	Nine NCAA Tournaments
Ward O'Connell	Diving (24)	1974-1997	N/A	11 All-Americans
Jim Brock	Baseball (23)	1972-1994	1100-440	Two NCAA titles
Mona Plummer	Women's Swimming (23)	1957-1979	N/A	Eight national titles
Sheila McInerney	Women's Tennis (22)	1985-present	320-202	16 All-Americans
Margaret Klann	Archery (22)	1955-1976	N/A	16 national titles
Frank Kush	Football (22)	1958-1979	176-54	Two undefeated seasons
Linda Vollstedt	Women's Golf (21)	1980-2001	65 Wins	Six NCAA titles
Lou Belken	Men's Tennis (24)	1983-present	276-281	12 NCAA appearances



Associate Head Coach Maggie Germaine Ethier



Maggie Germaine Ethier, a former All-American gymnast and graduate of Arizona State, became an assistant coach for John Spini in July of 2005. Her primary coaching responsibilities are on balance beam and floor exercise. She also serves as the recruiting coordinator as well as choreographing the routines for beam and floor. Ethier, who earned All-American honors three times, was a member of the Sun Devil gymnastics squad from

2001 to 2004 and earned Pac-10 All-Academic honors three times.

Ethier, who was recognized as one of the finest all-around gymnasts in the nation during her collegiate career, received NCAA All-American honors on vault and floor. She competed in the NCAA championships in 2003 and finished eighth on floor. She currently holds the school record for most career 10.0 scores. During her senior season in 2004, Ethier posted four perfect 10.0's on floor along with a 10.0 on vault. In addition to her five 10.0's in 2004, she also recorded one on beam, another one on vault and two more on floor in previous years. Upon graduating from ASU in May 2004, Ethier



was awarded the Pac-10 Post Graduate Scholarship in recognition of her excellence in both academics and athletics.



In addition to serving as a coach for many clubs in the area, Ethier has extensive experience in fitness and physical training. She served as the Fitness Director at Mountainside Fitness and has formerly been a Physical Therapy Technician at Advanced Spine Rehab.

She is married to current Los Angeles Dodger outfielder and former ASU baseball player, Andre Ethier.

◀ **Maggie with her husband Andre and their dog, Lil' Wayne.**

Ethier Tells All:

You were an All-American gymnast here at ASU, what was the transition like going from gymnast to coach? The transition was surprisingly smoother than myself and others thought it would be.

What is your favorite ASU memory? I would have to choose one from days as an athlete here. The pre-season camping trips. There's nothing like "roughing it" with twelve of your best friends in the most beautiful state in the country!

What is the best part of being a coach? My favorite part of coaching is being able to have even the tiniest impact in my athletes' lives. They are in such an exciting time in their lives. I can only hope I make a positive impact on them that may last a lifetime.

What do you like to do in your spare time? My most favorite thing to do in the world is to be with my family. Andre and I both have huge families. We're always with them in our spare time.

What is the best part about the ASU community? I love our ASU community. It is like an extended family; a home away from home. We are a very close knit community.

Other than gymnastics, what is something you are passionate about? Well we just moved so lately I have been very passionate about interior decorating.

What is your favorite sport other than gymnastics? My husband would be sad if I didn't say baseball. Although I love watching him play, the sport itself is a bit boring. Ha ha!

What is your favorite movie? I have two favorites and they're not your usual "chick flicks". I absolutely love the movies Rocky IV and Over the Top.

What TV show do you never miss an episode of? I'm not a big T.V. watcher but I would have to say "24". Although if there is an old episode of "Friends" on... I'm watching it.

What's your favorite type of food? Desert (ice cream, ice cream, ice cream- oh yeah and cupcakes too!)

When did you start doing gymnastics? My mom put me in a parent taught class when I was just under 3 years old. The rest is history!

What was your favorite event as a gymnast and why? My favorite event was and still is floor. I love the beautiful fusion of power and grace.

What's your favorite type of music (or favorite song/artist your choice)? I love music and I love to dance, so anything I can dance to. I'm also a yoga freak so I like the earthy, chill music as well!

What is the best vacation you've been on? I would have to say my honeymoon/1 year anniversary. An eight day cruise to Costa Maya, Costa Rica and Panama

One quote I live by is: "Never let 'em see ya sweat" and "There is no chance, no fate, no destiny that can circumvent, hinder or control the firm resolve of a determined soul." Both courtesy of my Grandpa Joe.

Assistant Coach Bob Peterson



Bob Peterson brings 30 years of coaching experience to the Sun Devil gymnastics program as an assistant coach. His main coaching responsibilities include the uneven bars and vault. Peterson has also coached at Desert Lights Gymnastics in Chandler for the past four years. Prior, he owned American Gymnastics Center in Chandler. During his tenure as the Starfires head coach, he produced an Elite National Champion, four National Team Members and 20 State

Championship Teams, including five level 10 State Championships. He was the 1992 U.S. Team Coach in the Argentina Cup, he received the 1991 National Elite Rookie Coach of the Year Award and from 1986-1988 served as President of the Arizona Women's Gymnastics Association.

Bob is also a student here at ASU and carries a full class load. He feels his continuing education is very valuable in helping him achieve the highest level of success as a coach.

Outside of the gym, Bob is an avid athlete himself. He spends much of his free time mountain biking, running and hiking, surfing, wake boarding and many other recreational sports.

Bob is a father to two teenage girls, Lexi and Sarah. He enjoys spending time with them and helping coach them in their sports.

On coaching, Bob states, "I feel that working with young people is the highest calling we can aspire to. I can't think of a more effective way of influencing the future in a positive way."

Devil Dish:

How do you like coaching at the collegiate level?

I love it. It's a perfect fit for my goals and my place in life.

What are your main responsibilities?

I am in charge of bars and vaulting in the gym. My other responsibilities include preseason strength and conditioning, scheduling, facilities, equipment purchases and maintenance.

What do you like to do in your spare time?

My favorite thing to do is spend time with my children.

What is the best part about being a coach?

I am challenged every day and I get to influence the future of the world by working with today's youth.

Other than gymnastics, what is something you are passionate about?

I am very passionate about art, music, recreational sports, learning, travel and just about everything else.

What is your favorite type of music?

I like all kinds of music, except country.

What's your favorite vacation spot?

I have so many, maybe Greer, AZ

Other than gymnastics, what is your favorite sport?

Mountain biking

When did you get started in gymnastics?

When I was in seventh grade

What is your all-time favorite movie?

Troy

What's your favorite type of food?

That's easy, ICE CREAM

What is your favorite event in gymnastics and why?

Bars is my favorite, I think because it's so technical. You can watch physics in motion.

What is your favorite TV show?

Jeopardy

Name one quote you live by:

"A Peterson never gives up" (that's from my father)



Bob with his two daughters.



Staff Bios



Tim Weesner **Athletic Trainer**

Tim Weesner comes back for a second season as athletic trainer for the Arizona State Gymnastics program. Weesner previously worked as a graduate assistant athletic trainer with Iowa State University during the 2004-05 and 2005-06 seasons.

Weesner graduated from Iowa State University in 2003 with a B.S. in Exercise Science, and earned his Master's Degree from Iowa State University in 2006.

Weesner is married to wife Molly, and has a daughter, Ellie (2).



Jen Jaeckels **Media Relations**

Jen Jaeckels joins the Sun Devils gymnastics staff as the media relations contact.

Jaeckels earned her B.A. in Journalism and Mass Communications from ASU's prestigious Cronkite School in May 2007. Prior to working full-time for

her alma mater, the Santa Maria, Calif., native served as a student intern in ASU's sports information department for three years. Along with gymnastics, Jaeckels also handles the media relations responsibilities of swimming and diving, men's tennis and women's golf.



Doug Owczarczak **Team Manager**

Doug is a junior at ASU from Buffalo, NY. He is currently majoring in Business Economics as well as a minor in Physical Geography. Doug is involved in numerous clubs and organizations on campus such as Business School Council and Programming and

Activities Board. This is Doug's second year as the manager of the Gymnastics Team and he is looking forward to a great season with the returning gymnasts, as well as those who are joining us as freshmen this year.



Cary Dedrick **Olympic Sports Secretary**

Cary Dedrick is in her seventh year working at ASU. She serves as the Administrative Assistant for gymnastics, softball, men's and women's golf, volleyball and track and field. Cary comes from an ASU family. Her husband Doug of 29 years played

football at ASU from 1976-1978. Cary and her husband have three children. Erin and Bradley both graduated from ASU, while her son Doug is currently playing football for Iowa State University.



Rich Wenner **Associate Head Coach** **Sports Performance**

Rich Wenner, a 1986 ASU alumnus with a bachelor of science in Physical Education, has been a sports performance coach for 20 years at ASU. After serving as an assistant strength and conditioning coach from 1985-1987, he was the head strength coach (Olympic

Sports) from 2000 until 2003 when he took the title of Associate Head Sports Performance Coach in 2003.

Wenner has received many awards, as he was named Pac-10 Strength Coach of the Year in 1996. In 2005, the National Strength and Conditioning Association named Wenner as an Elite Strength and Conditioning Coach through its Coach Practitioner Program, a list of only 32 across the country and the world. He is also a certified strength and conditioning specialist through NSCA and also a Certified Sports Performance Coach through USA Weightlifting.

Wenner has been married to wife Pauley for 14 years. He is currently working on his master's degree in Health and Wellness.



Christina DeSantis **Strength Coach**

Christina DeSantis comes back for a second season as the Sports Performance Coach of the Arizona State Gymnastics program.

Originally from Binghamton, New York, Christina earned her Bachelor of Science Degree in Exercise Science from the State University of New York at Buffalo where she was a two-year letter winner in the Pole Vault on the Track and Field team. She earned her strength and conditioning specialist certification in 2005 and is currently working on her Masters of Education in Higher and Post secondary Education.



Josie Hancock **Student Assistant**



Ashley Toner **Student Assistant**



Karissa Vossler **Student Assistant**